

**Attention, latest information!**

**Issued 23.3.2020**

The Federal Government and the Federal States agreed on an extension of the guidelines for restricting social contact adopted on 12 March. These also apply in Hesse:

1. Citizens are urged to reduce contact with other people outside the members of their own household to an absolutely necessary minimum.
2. Wherever possible a minimum distance of at least 1.5 m must be kept between persons other than those mentioned under 1. in public places.
3. Access to public areas is only permitted alone, with one other person not living in the household or with members of one's own household.
4. The journey to work, journeys for the purposes of emergency care, shopping, visits to the doctor, participation in meetings, necessary appointments and examinations, providing help for other people, or individual sports and exercise in the fresh air as well as other necessary activities will of course remain possible.
5. Groups of people celebrating in public places, homes and private institutions are unacceptable given the seriousness of the situation in our country. Observance of the contact restrictions will be monitored by the regulatory authorities and the police, and sanctions will be imposed in case of violations.
6. Catering establishments will be closed. This does not include the delivery or collection of takeaway food for consumption at home.
7. Personal care service providers such as hairdressers, beauty salons, massage parlours, tattoo studios and similar establishments will be closed because it is impossible to avoid physical proximity in this sector. Essential medical treatment remains possible.
8. In all establishments, especially those open to the public, it is important to comply with hygiene regulations and implement effective protective measures for employees and visitors alike.
9. These measures are expected to be in force for a minimum of two weeks.

You can call the FREE hotline at this number for more information: **0800 555 4 666**. It can be reached between **08:00 and 20:00**. Information is also available on the **HessenWARN** app and the [www.Hessen.de](http://www.Hessen.de) homepage.